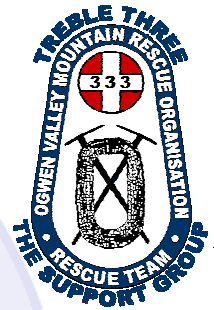




Oggie 8 Challenge

Rules and Regulations

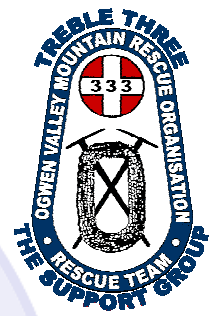


1. The challenge will take place on Saturday the 8th August 2008. No other date is being considered but should the weather prove inhospitable, the challenge will still be run, but over a shortened distance.
2. The course is available via e-mail for those of you with Memory Map of Snowdonia. Links will also be provided via the OVMRO website and a copy of the route and all instructions will be available through this link. Alternatively the route can be sent by post with a description of the route.
3. The event is to be a team based event, undertaken by teams of 4 people. In the event of an incident to a team member, another member of the team is expected to stay with the casualty. The rest of the team (2) will be allowed to continue but must inform the next marshal of all necessary details of the incident before being allowed to continue. A team of 2 will be allowed to complete the course.
4. Limited parking will be available and each team will be issued with a parking permit for 1 vehicle to park at Gwern Gof Uchaf GR SH673604. Arrangements should be made to minimise the number of vehicles in the area and if possible apart from the one vehicle given the permit, vehicles should be parked in the car parks at Betws y Coed and Bethesda.
5. Registration will take place on Saturday morning from 05.00 hrs onwards and will close at 06.30. At registration teams must submit their sponsorship forms. Each team is expected to raise a minimum of £25 per team member and the minimum amount should be placed with OVMRO prior to the event. Of course we hope that teams will raise more than this for the event.
6. All additional sponsorship money must be sent to the team no later than 1 month after the event (8th September).
7. The challenge starts at 0700 hrs with a mass start close to Oggie Base. The start is at GR SH674611 and information will be given as to how to get to this point at registration. Route markers will indicate the first part of the route towards the main ridge. Following that, party safety and navigation will be the responsibility of each team.
8. No food or water will be provided and each team member and team must ensure they have adequate equipment for the walk. Each team member is expected to have appropriate footwear for rugged mountainous conditions, carry a full set of waterproof clothing and extra clothing to maintain a comfortable body temperature. They must have food and water sufficient for the needs of the day. Each team must have navigation equipment, maps, group shelter, whistle, torches and first aid kit. Equipment may be checked at any time throughout the day and must not be discarded.



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9. The first marshalled point is the summit of Yr Elen. Teams must pass on their team details/numbers to the marshal before continuing along the route. A punch to mark a card will be on the summit of Carnedd Llewelyn.
10. The car park at the Ogwen Falls Café in Idwal will contain a marshal. Teams must pass on their details/numbers to the marshal before continuing along the route. Any team arriving here after **1400 hrs** will not be allowed to continue with the challenge without exception.
11. There will be a check point on the summit of Y Garn with a punch to mark a card. There will be a marshal at Llyn y Cwn together with first aid if required. Teams must pass on their details/numbers to the marshal before continuing along the route.
12. A punch will be found underneath the overhang of the cantilever on Glyder Fach. Use this to mark your route card.
13. **Bristly Ridge** on Glyder Fach, **is not** part of the route and must not be used. Any team found to have used this route will be disqualified.
14. There will be marshal at Bwlch Tryfan and on the summit of Tryfan. Teams must pass on their details/numbers to the marshal before continuing along the route. Teams must return via the South Ridge to the location of the marshal. The North Ridge or Western Gully is not part of the route and must not be used. Any team found to have used these routes will be disqualified.
15. Teams will be deemed to have finished when they book in at Oggie Base. The time of the last team member is the time given to the team as a whole. If only part of the team which started finish, then they must have informed a marshal at the first opportunity of the incident where their team mates were left. As long as this information is passed on to Challenge control, a two man team will be given a finish time.
16. All team members must book into each checkpoint and again upon arrival at the finish.
17. Prizes will be awarded in two categories. Fell Runners and Mountaineers. If there is doubt, the category for each team will be decided by the organising committee. An additional prize will be given for the team encompassing the spirit of the event.
18. The minimum age for the event is 18.